



COMPASSION FAYETTEVILLE
"Because Fayetteville CARES"

COMPASSION FAYETTEVILLE MONTH OF COMPASSION

DATE: February 1 – 28, 2015

THEME: Open Heart, Open Mind

February Month of Compassion (MOC) and Black History Month

Events:

Jan 26—14 Great Kindness Week and Random Acts of Kindness at Sonora Middle School

- ◆ January 26-Super hero Monday – everyone dresses as their favorite character
- ◆ January 27-Twin Tuesday (Everyone finds at least one other friend to match with can even be a group)
- ◆ January 28-Wacky Tacky Wednesday (Everyone dresses in the wackiest clothing they own
- ◆ January 29-Spartan colors Thursday - 7th grade wears red; 6th grade wears blue; teachers wear both
- ◆ January 30-Fandom Friday (students find a group of friends/ their team and dress up as their favorite anything)

Jan. 27 Press Conference for Black History Month, 11:00 am, at the Dwelling Place, 1855 N. Porter Rd.

Jan. 29 Community Meeting Kickoff for **MOC**, Fayetteville Public Library (**FPL**), 6:30 pm, refreshments

Feb. 5 "Honoring the Unique History of African Americans in Fayetteville", Kickoff for Black History at U of A Memorial Hall. Room 230, 6:30 Dr. Caree Banton, Theme: Empathy, refreshments

Feb. 1—14 Compassion Meditation Training

Feb. 9—15 Random Acts of Kindness Week

Feb 1—28 "A Year of Compassion" Little Village Art Exhibit at Fayetteville Public Library. The theme is associated with the Chinese zodiac and the animals with an aspect of compassion related to each month of the year.

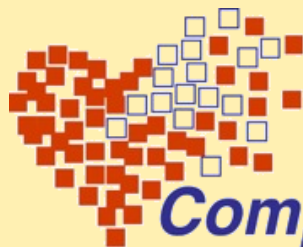
Feb. 12 Personal narrative of African American experiences in Fayetteville facilitated by Dorothy Marcy, M.Ed., LPC and Valandra, Ph.D., LCSW at Fayetteville Public Library, Time: 6:30 pm

Feb. 14 Compassion Café for Therapeutic Foster Care at St. Paul's Episcopal Church, Time: 10 am —12 noon

Feb. 17 Random Acts of Kindness Day is celebrated, this date, every year in United States of America.

Feb. 19 "Segregation—When and Where Does It End?" Narrative and Oak Cemetery Film, Fayetteville Public Library, 6:30 pm

Feb. 22 Black History Celebration Day St. James Baptist Church Time: 3 pm — 5 pm Photographs by Andrew Kilgore; collected paintings by DeeDee Lamb; Music – St. James Choir; Conversation facilitated by Dr. Danielle Wood and Andrew Kilgore; reception follows



**Compassion
Fayetteville**

COMPASSION FAYETTEVILLE

Mission: To advocate compassion in our community to enhance the quality of life for all.

Vision: To cultivate compassion in ourselves, our community and our world.

Values: CARES: Connection, Awareness, Respect, Empathy, Service

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Compassion Fayetteville is not presently a 501c(3) organization

Web: www.compassionfayetteville.com.wordpress.com